

Childrens Menu

STARTERS

Welsh lamb Koftas Yoghurt and cucumber dip **(GF)**

A selection of vegetable crudites, breadsticks & dips **(VE)**

Tomato soup & croutons **(VE)(DF)(GF)**

MAIN COURSE

'Little Roasts'

With a choice of Roast Potatoes or Creamed Potato

Served with Vegetables of the Season and Yorkshire Pudding

Roasted Chicken Fillet, served with Light Jus

Rosedew Farm Roasted Topside of Beef, Jus

Penne Tomato Pasta **(VE)**

Bryngarw House Homemade Welsh 6oz Beef Burger and Fries

Bryngarw House Southern Fried Chicken Fillet Burger and Fries

DESSERTS

Chocolate or Strawberry Ice Cream Sundae topped with Whipped Cream, Chocolate Flake and Sprinkles

Chocolate Brownie served with Ice cream

Chocolate & Cherry Cheesecake, Cherry and Berry compote, Blackcurrant Sorbet **(VE)(GF)**

Fruit Skewers, Toasted S'mores, Chocolate Dipping Sauce and Vanilla Yoghurt **(GF)**

V = Vegetarian; VE = Vegan; GF = Gluten Free; DF = Dairy Free

Bwydlen Plant

IDDECHRAU

Kofta Cig Oen Cymru a dip logwrt a chiwcymbr (DG)

Dewis o ffyn llysiau, ffyn bara a dipiau (FE)

Cawl tomato a chrwtionau (FE)(DL)(DG)

PRIF GWRS

'Rhostiau Bach'

Gyda dewis o Datws Rhost neu Datws Stwnsh â Hufen
a Llysiau'r Tymor a Phwdin Swydd Efrog

Ffiled o Gyw Iâr wedi'i rostio, wedi'i weini â Jus Ysgafn

Ochr Orau'r Fforddwyd o Gig Eidion Fferm Rosedew wedi'i rostio, Jus

Pasta Penne Tomato (FE)

Bygyr 6 owns Cig Eidion Cymru Cartref Tŷ Bryngarw a Sglodion

Bygyr Ffiled Cyw Iâr wedi'i ffrio mewn sbeis Tŷ Bryngarw a Sglodion

PWDIN

Hufen ia mefus neu siocled gyda hufen wedi'i chwipio, Flake a melysion bob lliw

Browni siocled gyda hufen ia

Teisen gaws siocled a cheirios, compot ceirios ac aeron, Sorbet cwrens duon (FE)(DG)

Sgiwerau ffrwythau, S'mores wedi'u tostio, Saws dipio siocled a logwrt Fanila (DG)